

The Swedish Ageing in Exile Study - A Pilot Study

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Study design

A qualitative interview study

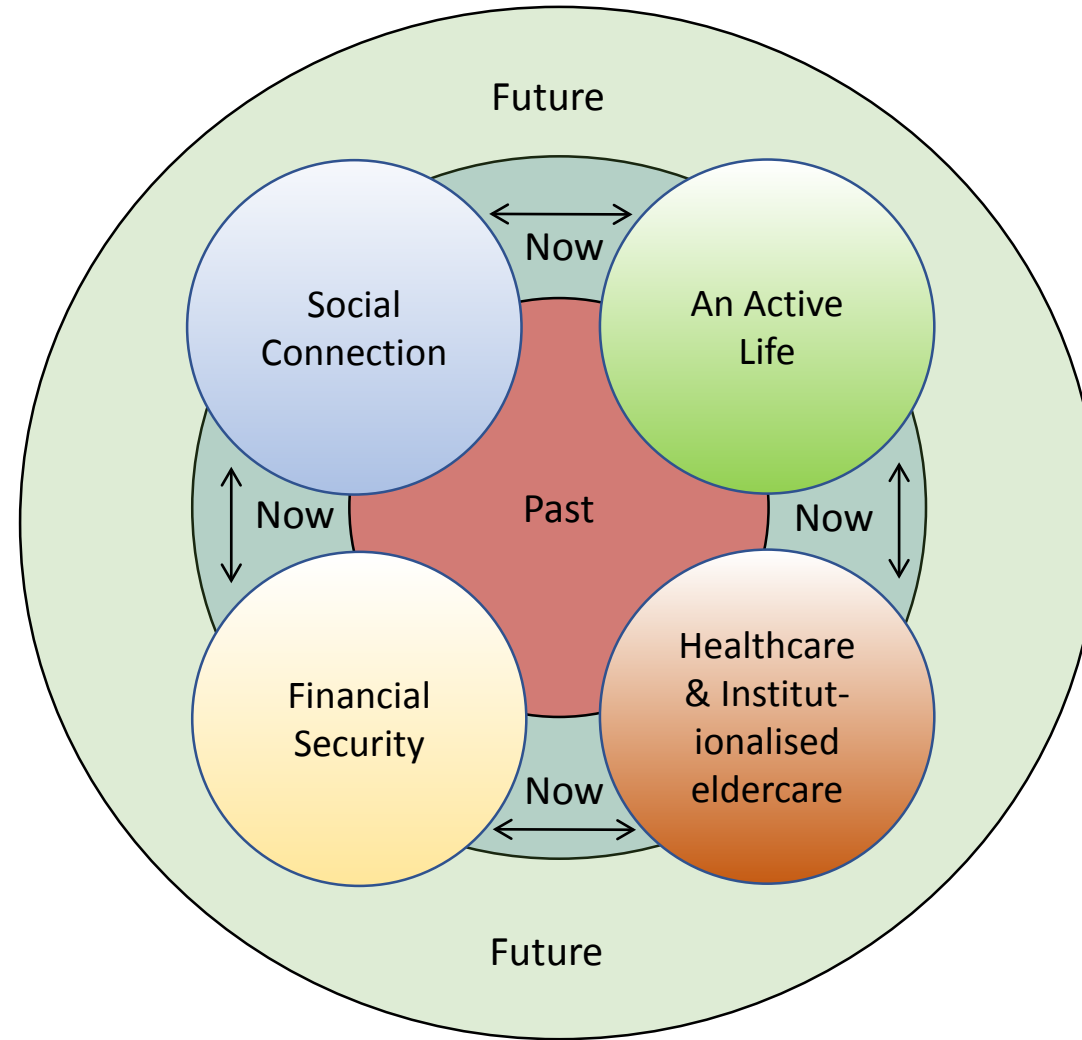
N: 9 (7 men, 2 women)

Age: 50 to 77

They all came to Sweden when they were 18 years or older, some as refugees others as labour migrants.

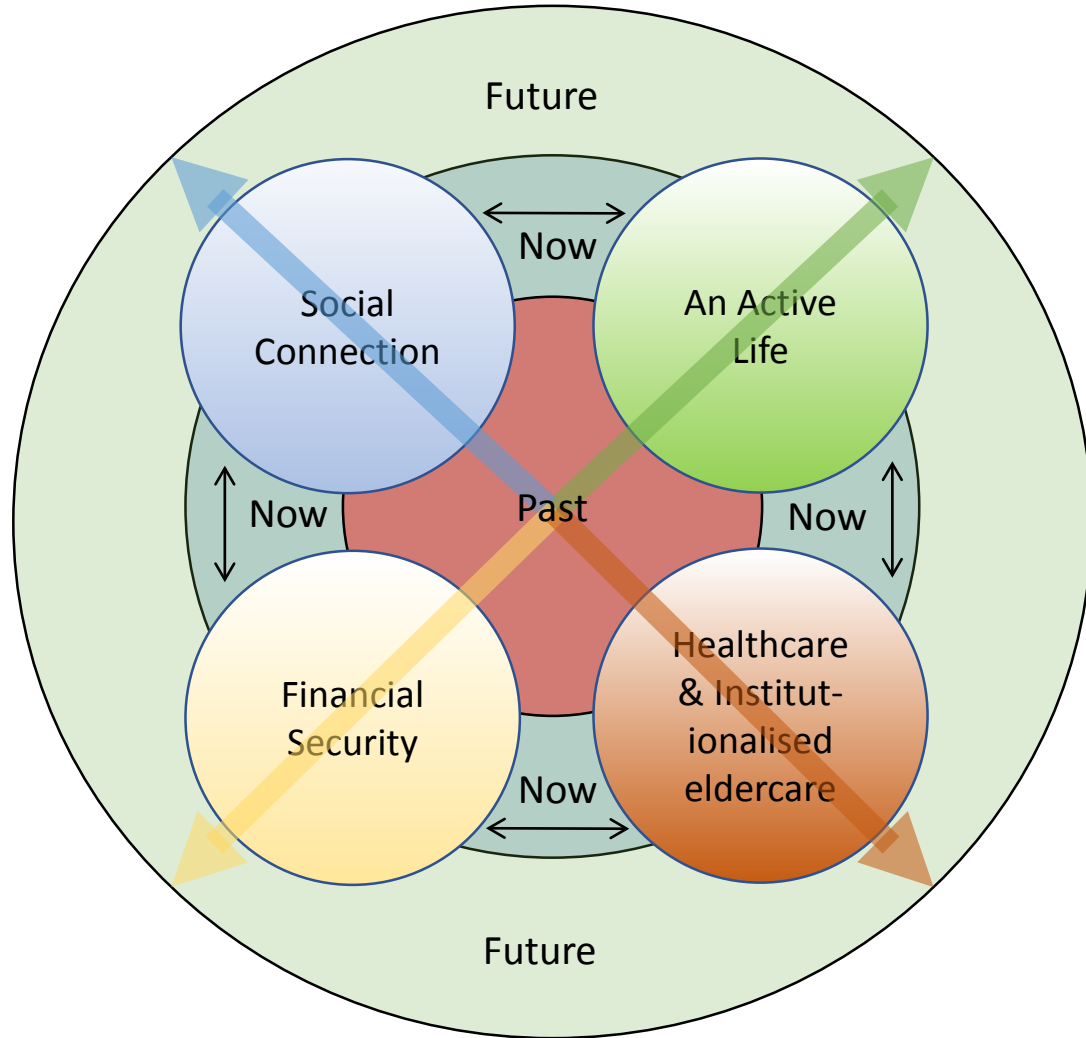
The material was analysed by systematic text condensation (Malterud, 2012)

Optimal ageing in exile



The figure shows how the themes *Social connection*, *An active life*, *Financial security* and *Healthcare & institutionalized eldercare* interact with each other while a temporal aspect affects the experience.

Continuity in the life project



Continuity theory (Atchley, 1971; 1989)

External continuity

Internal continuity

Disrupted continuity and ontological anxiety

